

Cohoes Community Center Spring 2017 Swim Lesson Schedule

Lesson Level	Recommended Age	Fee for 7 classes
Parent-Child 1 30 minute classes	6 months-18 months (Parent goes in water with the child)	Cohoes Resident: \$35 Non-Resident: \$45
Parent-Child 2 30 minute classes	18 months-3 years (Parent goes in water with the child)	Cohoes Resident: \$35 Non-Resident: \$45
Preschool Levels 1,2, 3 30 minute classes	4 years-5 years (Ready to go in the water without a parent)	Cohoes Resident: \$45 Non-Resident: \$60
Learn-to-Swim (LTS) 45 minute classes	5 years and older	Cohoes Resident: \$50 Non-Resident: \$65

Monday Classes

March 20 – May 8

Parent-Child 2: 6:00-6:30pm
 LTS Level 1: 6:30- 7:15pm
 LTS Level 2: 6:30-7:15pm
 LTS Level 3: 7:15-8:00pm
 LTS Level 4: 7:15-8:00pm

Wednesday Classes

March 22 – May 10

LTS Level 2: 4:15-5:00pm
 or 6:00-6:45pm
 LTS Level 3: 6:00-6:45pm
 LTS Level 4: 7:00-7:45pm
 LTS Level 5: 7:00-7:45pm
 LTS Level 6: 7:00-7:45pm

Saturday Classes

March 18 – May 13

Parent-Child 1: 9:30-10:00am
 Preschool 1 or 2: 9:30-10:00am
 Preschool 1 or 2 or 3: 10:00-10:30am
 LTS Level 1: 10:45-11:30am
 LTS Level 2: 10:45-11:30am
 LTS Level 3: 10:45-11:30am
 Parent-Child 2: 11:30-12:00pm

CLASSES MEET ONCE A WEEK FOR 7 WEEKS

NO CLASSES Saturday – April 15 & May 6 Monday – April 17 Wednesday - April 19
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To register, please contact Carol DiFabio, Aquatics Coordinator:
 Phone: 518-237-7523 Email: cdifabio@cohoescommunitycenter.org

REGISTRATION IS REQUIRED. SPACE IS LIMITED.
Registration Opens: At the conclusion of Winter Session for current participants
Wednesday, March 8th for new participants